

VIDIT HEALTHCARE

WHO-GMP CERTIFIED COMPANY



Vill-Kishanpura, Paonta Sahib, Dist-Sirmor-173025 (Himachal Pradesh)

Contents



IMMUNITY BOOSTER

SR. NO.	GENERIC NAME	COMPOSITION	STRENGTH
1	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Immunity Booster)	Each soft gelatin capsule contains: Omega3 Fatty Acids BP Proving : Eicosapentaenoic Acid (Epa) Docosahexaenoic Acid (Dha) Green Tea Extract (Eq. To Polyphenols) Ginseng Extract Ginkgo Biloba Extract Grape Seed Extract Lactin Acid Bacillus Citrus Bioflavonoids (8 Mg Of Bioflavonoids) Natural Mixed Carotenoids (10%) Vitamin D3 Wheat Germ Oil Menadione Sodium Bisulphate (Vit.K) Benfotiamine Vitamin B6 Vitamin B12 Niacinamide Calcium Ascorbate Folic Biotin Choline Bitartrate Lutein Piperine Dibasic Calcium Phosphate (Eq. To Elemental Calcium) Elemental Phosphorous Ferrous Fumarate Zinc Oxide (Eq. To Elemental Zinc) Potassium Iodide (Eq. To Elemental Iodine) Magnesium Oxide (Eq. To Elemental Magnesium) Manganese Sulphate (Eq. To Elemental Manganese) Copper Sulphate Pentahydrate (Eq. To Elemental Copper)0.5 mg Chromium Picolinate (Eq. To Elemental Chromium Sodium Molybdate Dihydrate (Eq. To Elemental Molybdenum) Sodium Selenite Pentahydrate (Eq. To Element Selenium) Potassium Chloride (Eq. To Elemental Potassium) And ELEMENTAL CHLORIDE Sodium Borate (Eq. To Elemental Boron) Colloidal Silicon Dioxide (Eq. To Elemental Silicon) Excipients Approved colour used in soft gelatin capsule shell.	90 mg 60 mg 10 mg 42.5 mg 10 mg 15 mg 500 Lacs. 20 mg 11.33 mg 200 IU 25 mg 10 mcg 1.5 mg 1 mg 1 mcg 18 mg 45 mg 150 mcg 100 mcg 25 mg 250 mcg 5 mg 20 mg 15.45 mg 30 mg 12 mg 150 mcg 30 mg 1.5 mg 65 mcg 25 mcg 20 mcg 4 mg 3.6 mg 150 mcg 2 mg q.s.

2.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Immunity Booster)	Each soft gelatin capsule contains:	
		Ginseng Extract Powder	21.25 mg
		Ginkgo Biloba Extract	20 mg
		Citrus Bioflavonoids	12.5 mg
		Green Tea Extract	10 mg
		Mixed Carotenoids 30% Dispersion	5 mg
		Garlic Powder (Odourless)	2 mg
		Lycopene 10% Dispersion	2 mg
		Niacinamide	15 mg
		Vitamin C	12.5 mg
		Vitamin E Natural	12.5 IU
		Inositol	10 mg
		Pantothenic Acid	5 mcg
		Vitamin A	1600 IU
		Vitamin B1	1 mg
		Vitamin B2	1 mg
		Vitamin B6	0.5 mg
		Vitamin K2	55 mcg
		Folic Acid	50 mcg
		Biotin	30 mcg
		Vitamin D3	200 IU
		Vitamin B12	0.5 mcg
		Iron	17 mg
		Zinc	12 mg
		Potassium	10 mg
		Chloride	9.07 mg
		Manganese	5 mg
		Calcium	5 mg
		Phosphorous	3.86 mg
		Copper	2.2 mg
		Silicon	2 mg
		Boron	1 mg
		Molybdenum	0.5 mg
		Chromium	200 mcg
		Selenium	34 mcg
		Iodine	50 mcg
		Methionine	22 mg
		Glutamic Acid	20 mg
		Choline Bitartrate	10 mg
		L-Lysine	10 mg
		L-Carnitine L-Tartrate	2.5 mg
		L-Cysteine	2.5 mg
		Excipients	q.s.
		Approved colour used in soft gelatin capsule shell.	
3.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Immunity Booster)	Each soft gelatin capsule contains (Approx):	
		Wheat Germ Oil	50mg
		Omega 3-Fatty Acid	30mg
		Vitamin C	25mg
		Zinc Sulphate Monohydrate	7.5mg
		Betacarotene 10%	5mg
		Vitamin B6	2mg
		Lycopene 6%	2mg
		Folic Acid	150 mcg
		Selenium	40mcg
		Chromium Picolinate	70mcg
		eq. to elemental Chromium	
		Boron	10mcg
		Vitamin D3	200 IU
		Vitamin E (Natural)	15 IU

4.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Immunity Booster)	Each Soft Gelatin Capsule Contains:	
		Ginseng	42.5 mg
		Vitamin A25 IU	
		Vitamin B1	1 mg
		Vitamin B2	1.5 mg
		Vitamin B3	18 mg
		Vitamin B5	5 mg
		Vitamin B6	1 mg
		Vitamin B12	1 mcg
		Vitamin C	40 mg
		Vitamin D3	200 IU
		Vitamin E Natural	6.5 IU
		Folic Acid	0.15 mg
		Biotin	30 mg
		Zinc	12 mg
		Iodine	0.15 mg
		Carbonyl Iron	17 mg
		Magnesium	100 mg
		Manganese	2.5 mg
		Copper	2 mg
		Calcium	250 mg
		Phosphorous	125 mg
		Potassium	40 mg
		Chloride	36.3 mg
		Molybdenum	25 mcg
		Selenium	30 mcg
		Silicon	2 mg
		Boron	150 mcg
		Chromium	25 mcg
		Excipients	q.s.
		Approved colour used in soft gelatin capsule shell.	

5.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Immunity Booster)	Each soft gelatin capsule contains (Approx):	
		Vitamin C	25mg
		Zinc Oxide	12.5mg
		Vitamin E Acetate	5mg
		Lycopene(2%)	2mg
		Copper Sulfate Pentahydrate	1mg
		Manganese sulfate Monohydrate	1mg
		Chromium Picolinate	200mcg
		Sodium Selenite	88mcg

EYE, HAIR & SKIN

SR. NO.	GENERIC NAME	COMPOSITION	STRENGTH
6.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Hair & Skin)	Each soft gelatin capsule contains: Vitamin E Excipients Approved colour used in soft gelatin capsule shell.	10 mg q.s.
7.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye, Hair & Skin Care)	Each soft gelatin capsule contains: Lycopene 6% Vitamin A Palmitate Vitamin C Selenium (From Selenium Dioxide) Vitamin E Natural Zinc Sulphate Monohydrate Excipients Approved colour used in soft gelatin capsule shell.	2000 mcg 2500 IU 40 mg 34 mcg 10 IU 12 mg qs
8.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye, Hair & Skin Care)	Each soft gelatin capsule contains (Approx): Vitamin A Concentrate(1600 IU) (Oil from as Palmitate) Vitamin B1(Mononitrate) Vitamin B2 Vitamin B6 Vitamin B12 Vitamin C Vitamin D3 (100 IU) Vitamin E Acetate(5IU) Folic Acid Niacinamide Calcium D Pantothenate Zinc(From Zinc Sulphate Monohydrate) Dibasic calcium Phosphate Copper Sulphate Manganese Sulphate Magnesium Sulphategin Sodium MolybdateDohydrate Potassium Iodide	941 mcg 1 mg 1 mg 0.5 mg 0.5 mcg 2.5 mg 2.5 mcg 5 mg 50 mcg 15 mg 1 mg 0.5 mg 254.5 mg 45 mcg 0.5 mg 3 mg 0.1 mg 0.075 mg
9.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye, Hair & Skin Care)	Each soft gelatin capsule contains (Approx): Vitamin A Vitamin D3 Vitamin B1 Vitamin B2 Vitamin B6 Vitamin B12 Vitamin C Vitamin E Acetate Nicotinamide Calcium Pantothenate Folic Acid Calcium (As Dicalcium Phosphate) Phosphorus (As Dicalcium Phosphate) Copper (As Copper sulphate) Iodine (As Potassium iodide) Manganese (As Manganese sulphate) Magnesium (As Magnesium sulphate) Zinc (as Zinc Sulphate) Potassium (As Potassium sulphate) Molybdenum(As Sodium Molybdate)	1600 IU 100 IU 1 mg 1mg 0.5 mg 0.5 mg 25 mg 5 IU 15 mg 1 mg 50 mcg 75 mg 58 mg 50 mcg 0.075 mg 0.5 mg 3 mg 0.5 mg 2 mg 0.1 mg

10.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye, Hair & Skin Care)	Each soft gelatin capsule contains (Approx):	
		Ginseng	42.5 mg
		Vitamin A Palmitate	1600 IU
		Vitamin E Acetate	1 mg
		Vitamin D3	100 IU
		Vitamin B1	1 mg
		Vitamin B2	1 mg
		Vitamin B6	0.5 mg
		Vitamin B12	0.5 mcg
		Vitamin C	2.5 mg
		Folic Acid	50 mcg
		Calcium Pantothenate	1 mg
		Niacinamide	15 mg
		Copper (As Copper sulphate)	45 mcg
		Iodine (As Potassium Iodide)	0.075 mg
		Manganese (As Manganese sulphate)	0.5 mg
		Magnesium (As Magnesium sulphate)	3 mg
		Zinc (as Zinc Sulphate)	0.5 mg
		Potassium (As Potassium sulphate)	2 mg
		Dibasic calcium Phosphate (Eq. to Elementary Calcium)	75 mg
		Elementary Phosphorus	58 mg
		Molybdenum (As Sodium molybdate)	0.1 mg
11.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye, Hair & Skin Care)	Each soft gelatin capsule contains (Approx):	
		Vitamin A Concentrate (oily from as Palmitate)	1600 IU
		Vitamin B1 (Mononitrate)	1 mg
		Vitamin B2	1 mg
		Vitamin B6	1.34 mg
		Vitamin B12	1 mcg
		Vitamin C	1 mg
		Vitamin D3	200 IU
		Vitamin E Acetate	1 mg
		Dried Ferrous Sulphate	25 mg
		Dibasic calcium Phosphate (Eq. to Calcium)	75 mg
		eq. to Phosphorous	58 mg
		Magnesium Sulphate	1 mg
		Sodium molybdatedihydrate	0.1 mg
		Potassium sulphate	2 mg
		Each soft gelatin capsule contains (Approx):	
		Vitamin A Palmitate	1000 IU
		Vitamin E Acetate	5 mg
		Vitamin D3	100 IU
		Vitamin B1	1 mg
		Vitamin B2	1 mg
		Vitamin B6	0.5 mg
		Vitamin B12	0.3 mcg
		Vitamin C	2.5 mg
		Folic Acid	50 mcg
		Calcium Pantothenate	1 mg
		Niacinamide	15 mg
		Copper (As Copper sulphate)	45 mcg
		Iodine (As Potassium Iodide)	0.075 mg
		Manganese (As Manganese sulphate)	0.5 mg
		Magnesium (As Magnesium sulphate)	3 mg
		Zinc (as Zinc Sulphate)	0.5 mg
		Potassium (As Potassium sulphate)	1 mg
		Dibasic calcium Phosphate (Eq. to Elementary Calcium)	75 mg
		Elementary Phosphorus	58 mg
		Sodium molybdate dehydrate (Eq. to Molybdenum)	0.1 mg

12.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye Care)	Each soft gelatin capsule contains (Approx): Grape Seed Extract Lycopene 6% Biotin Lutein 8% Vitamin A Palmitate Vitamin B1 Vitamin B2 Vitamin B6 Vitamin B12 Folic Acid Zinc Sulphate Monohydrate Selenium	25 mg 5000 mcg 10 mcg 3 mg 5000 IU 5 mg 5 mg 2 mg 15 mcg 1.5 mg 23 mcg 40 mcg
13.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye, Hair & Skin Care)	Each soft gelatin capsule contains (Approx): Vitamin A Palmitate Vitamin E Acetate Vitamin D3 Vitamin B1 Vitamin B2 Vitamin B6 Vitamin B12 Vitamin C Folic Acid Calcium Pantothenate Niacinamide Copper (As Copper sulphate) Iodine (As Potassium Iodide) Manganese (As Manganese sulphate) Magnesium (As Magnesium sulphate) Zinc (as Zinc Sulphate) Potassium (As Potassium sulphate) Dibasic calcium Phosphate Eq. to Elementary Calcium Elementary Phosphorus Sodium molybdate dehydrate Eq. to Molybdenum	1600 IU 1 mg 100 IU 1 mg 1 mg 0.5 mg 0.5 mcg 2.5 mg 50 mcg 1 mg 15 mg 45 mcg 0.075 mg 0.5 mg 3 mg 0.5 mg 2 mg 75 mg 58 mg 0.1 mg
14.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye and Hair Care)	Each soft gelatin capsule contains (Approx): Lycopene(6%) Vitamin E Acetate Copper Sulfate Pentahydrate Chromium Picolinate Manganese sulphate Zinc Oxide Sodium Selenite Pentahydrate	2 mg 5 IU 1 mg 25 mcg 1 mg 15 mg 75 mcg
15.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye Care)	Each soft gelatin capsule contains: Lycopene 10% Lutein 8% Betacarotene 10% Zinc Sulphate Monohydrate eq. to elemental zinc Selenium Grape seed extract Excipients Approved colour used in soft gelatin capsule shell.	5000mcg 2000 mcg 5.17 mg 27.45mg 40 mcg 10mg q.s.

16.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye Care)	Each soft gelatin capsule contains (Approx): Grape Seed Extract Lycopene 6%	25 mg 5000 mcg
17.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Hair & Skin Care)	Each soft gelatin capsule contains: Wheat Germ Oil Vitamin E (natural) D-Alpha Tocopherol Excipients Approved colour used in soft gelatin capsule shell.	100 mg 10 IU q.s.
18.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Hair & Skin Care)	Each soft gelatin capsule contains : Essential fatty acid derived from Flax seed Oil Alpha linolenic acid Linoleic acid Oleic acid Excipients Approved colour used in soft gelatin capsule shell.	500 mg 253 mg 88.3 mg 21.3 mg q.s.
19.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye, Hair & Skin Care)	Each soft gelatin capsule contains (Approx): Vitamin A Vitamin D3 Vitamin B1 Vitamin B2 Vitamin B6 Vitamin B12 Vitamin C Vitamin E Acetate Nicotinamide Calcium Pantothenate Folic Acid Calcium (As Dicalcium Phosphate) Phosphorus (As Dicalcium Phosphate) Copper (As Copper sulphate) Iodine (As Potassium iodide) Manganese (As Manganese sulphate) Magnesium (As Magnesium oxide) Chromium Picolinate	2000 IU 150 IU 1.5 mg 1.5 mg 1 mg 1 mcg 1 mg 5 IU 20 mg 2.5 mg 0.15 mg 75 mg 58 mg 1 mg 0.15 mg 1 mg 10 mg 25 mcg
20.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Eye, Hair & Skin Care)	Each soft gelatin capsule contains (Approx): Vitamin A Palmitate Vitamin E Acetate Vitamin D3 Vitamin B1 Vitamin B2 Vitamin B6 Vitamin B12 Vitamin C Folic Acid Calcium Pantothenate Niacinamide Copper (As Copper sulphate) Iodine (As Potassium Iodide) Manganese (As Manganese sulphate) Magnesium (As Magnesium sulphate) Zinc (As Zinc oxide) Potassium (As Potassium sulphate) Dibasic calcium Phosphate (Eq. to Elementary Calcium) Elementary Phosphorus	2500 IU 5 mg 200 IU 1 mg 1.5 mg 1 mg 1 mcg 40 mg 50 mcg 5 mg 15 mg 45 mcg 0.1 mg 0.5 mg 3 mg 10 mg 2 mg 75 mg 58 mg

NUERO HEALTHCARE & HEMATANIC

SR. NO.	GENERIC NAME	COMPOSITION	STRENGHT
21.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Hematanic)	Each soft gelatin capsule contains: Grape Seed Extract Lycopene 6% Lutein 8% Vitamin A Palmitate Vitamin B1 Vitamin B2 Vitamin B6 Vitamin B12 Folic Acid Zinc Sulphate Monohydrate Selenium Excipients Approved colour used in soft gelatin capsule shell.	25 mg 2 mg 3 mg 3000 IU 1.7 mg 1.7 mg 2 mg 1 mcg 150 mcg 12 mg 34 mcg q.s.
22.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Neuro Health)	Each soft gelatin capsule contains (Approx): Fish Lipid Oil (Providing EPH 90mg & DHA 60mg) Grape Seed Extract White Tea Extract Zinc Sulphate Beta Carotene Biotin Selenium Approved colour used in Soft Gelatin capsule shells.	300 mg 100 mg 100 mg 15 mg 4.8 mg 10 mg 40 mcg
23.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Neuro Health)	Each soft gelatin capsule contains (Approx): Ginseng Ferrous Fumarate Thiamine Mononitrate Vitamin E Acetate Vitamin D3 Riboflavin Vitamin B6 Vitamin A (As palmitate) Vitamin B12 Vitamin C DL-methionine Folic Acid Calcium Pantothenate Niacinamide Zinc oxide Eq. to elemental Zinc	42.5 mg 20 mg 2 mg 200 mcg 200 IU 600 mcg 1 mg 1600 IU 1 mcg 500 mcg 500 mcg 175 mcg 5 mg 250 mcg 115 mcg

24.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Neuro Health)	Each soft gelatin capsule contains (Approx):	
		Ginseng	42.5 mg
		Cyanocobalamin	1.0 mcg
		Vitamin A	1000 IU
		Lycopene 6%	1000 mcg
		Betacarotene 30%	1 mg
		Vitamin E Acetate	1 mg
		Vitamin D3	100 IU
		Vitamin B1	1 mg
		Vitamin B2	1 mg
		Vitamin B6	0.50 mg
		Vitamin B12	0.50 mcg
		Vitamin C	2.5 mg
		Folic Acid	50 mcg
		Calcium Pantothenate	1 mg
		Niacinamide	15 mg
		Copper (As Copper sulphate)	45 mcg
		Iodine (As Potassium Iodide)	0.075 mg
		Manganese (As Manganese sulphate)	0.5 mg
		Magnesium (As Magnesium sulphate)	3 mg
		Zinc (as Zinc Sulphate)	0.5 mg
		Potassium (As Potassium sulphate)	2 mg
		Dibasic calcium Phosphate	
		Eq. to Elementary Calcium	75 mg
		Elementary Phosphorus	58 mg
25.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules (Neuro Health)	Each soft gelatin capsule contains (Approx):	
		Ginseng	42.5 mg
		Vitamin A (as palmitate)	2000 IU
		Vitamin E Acetate	5 IU
		Vitamin D3	150 IU
		Vitamin B1	1.50 mg
		Vitamin B2	1.50 mg
		Vitamin B6	1 mg
		Vitamin B12 1	mcg
		Vitamin C	1 mg
		Folic Acid	175 mcg
		Calcium Pantothenate	5 mg
		Niacinamide	14 mg
		Copper (As Copper sulphate)1	mg
		Iodine (As Potassium Iodide)	0.15 mg
		Manganese (As Manganese sulphate)	1 mg
		Magnesium (As Magnesium OXIDE)	10 mg
		Dibasic calcium Phosphate	75 mg
		Ferrous Fumarate	25 mg
		Chromium Picolinate	25 mcg

BONE HEALTH

SR. NO.	GENERIC NAME	COMPOSITION	STRENGTH
26.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules	Each soft gelatin capsule contains: Calcium Citrate Vitamin K2-7 Cyanocobalamin Boron Vitamin D3 Folic Acid Omega 3 Marine triglycerides providing: EPA DHA Excipients Approved colour used in soft gelatin capsule shell.	300 mg 45 mcg 1.0 mcg 750 mcg 0.250 mcg 150 mcg 90 mg 60 mg q.s.
27.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules	Each soft gelatin capsule contains: Calcium Carbonate Vitamin D3 Zinc sulphate Monohydrate Magnesium Oxide Excipients Approved colour used in soft gelatin capsule shell.	500 mg 2.5 mcg 7.5mg 90 mg q.s.
28.	Multivitamin and Multimineral with Antioxidant Soft Gelatin Capsules	Each soft gelatin capsule contains: Vitamin A(conc.) (oily form as palmitate)3000 IU Vitamin D3 Excipients Approved colour used in soft gelatin capsule shell.	400 IU q.s.



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